



My MENTAL HEALTH *IS MY* Business

MENTAL HEALTH AWARENESS SUMMIT 2025

PARTNERSHIP DECK



OUR WHY

Since 1949 May has been recognized as Mental Health Awareness Month. Each year millions of Americans face the reality of living with a mental illness –

- From February 1 to 13, 2023, **29.9%** of adults in Michigan reported symptoms of anxiety and/or depressive disorder.% of adults in the U.S. ¹
- **10%** of youth covered by private insurance did not have access to mental health services in 2022. ²
- In 2020, **21%** of U.S. adults (52.9 million) experienced a mental health condition. ³

The Restoration Village is hosting our 4th annual **My Mental Health Is My Business:** Mental Health Awareness Summit. This event aims to raise awareness, deepen understanding and offer valuable mental health resources to our community. Now more than ever, there's an urgent need to prioritize mental health and highlight its benefits. Let's act together to safeguard our mental well-being.

OUR MISSION

Provide resources, information and activities that develop a deeper understanding of practical ways to take care of one's mental health and improve overall well-being.

OUR VISION

To increase awareness within communities about the value and importance of caring for one's mental health and wellness. This summit would not be possible without your partnership. There are a variety of ways that you can partner with us to make this summit a successful one.

EVENT DETAILS

My Mental Health Is My Business 2025 is taking place on **Saturday, May 3, 2025**, from **12:00PM–4:00PM** at **UWM Sports Complex, 867 South Blvd. East in Pontiac, MI.**

This year's theme "**From Trauma to Triumph – Mending the Heart, Restoring the Brokenness**" focuses on the journey of healing from emotional and psychological wounds. The summit will bring together mental health professionals, community leaders, residents, and service providers to explore strategies for overcoming trauma and rebuilding lives. By addressing the deep impacts of trauma, the event aims to foster resilience, hope, and holistic recovery, creating a platform for sharing resources and support to help individuals and communities thrive again.



Dr. Sabrina Jackson, a native Detroit and Cass Technical High School graduate, has taken the world by storm! She completed her Master's Degree at the tender age of 23 from Wayne State University. She is known as "The People Expert" as she travels the world helping people with people, even if that person is themselves! This inspiring

force of nature is continuously busy training corporate executives, single mothers, and gospel artists. Immensely evident with each group that she trains, is her passion for people. Her analytical mind led her to create personality assessment models Essential Colors and Essential Love Styles. A single mom, herself, Sabrina has written several books, with the first entitled He is Not a Statistic, about raising her son Marcel. She has been privileged to speak for McDonald's, Tom Joyner Cruise, and the United Nations. She can be seen weekly on Fox 2 with Mental Health Mondays with Dr. Sabrina; writing national column in Curvy Magazine, Career Mastered Magazine, and Beautiful Machine Magazine, and featured in the movie "Team Marriage" on Amazon Prime.

BECOME A PARTNER

We would like to give your organization the opportunity to become a Community Partner for My Mental Health Is My Business 2025. Please continue to read for partnership opportunities. We can also create a custom Community Partner packet for your organization. Every donation makes an impact, and we are so thankful for your support.

Pending Section 501(c)(3) approval. Internal Revenue Code.
EIN 99-1467787

COMMUNITY PARTNER PLANS

Platinum Package

\$5,000

- ✓ Two (2) Partner Tables - display products and services beneficial to the community
- ✓ **Full** page ad in summit booklet
- ✓ Recognition Award
- ✓ Logo featured on **all** marketing communication
- ✓ My Mental Health is my Business (MMHIMB) 8-item swag bag
- ✓ Two (2) signed books by Dr. Sabrina Jackson
- ✓ Company Name and logo prominently displayed on MMHIMB website **all** year as platinum community champion.

Gold Package

\$3,000

- ✓ 1 Partner Table - display products and services beneficial to the community
- ✓ **Half** page ad in summit booklet
- ✓ Recognition Award
- ✓ Logo featured on **some** marketing communication
- ✓ My Mental Health is my Business (MMHIMB) 4-item swag bag
- ✓ One (1) signed book by Dr. Sabrina Jackson

Silver Package

\$1,500

- ✓ 1 Partner Table - display products and services beneficial to the community
- ✓ **Half** page ad in summit booklet
- ✓ Recognition Award
- ✓ Logo featured on **some** marketing communication
- ✓ My Mental Health is my Business (MMHIMB) souvenir item

Bronze Package

\$500

- ✓ 1 Partner Table - display products and services beneficial to the community
- ✓ **Quarter** page ad in summit booklet
- ✓ Recognition certificate
- ✓ Logo featured on **some** marketing communication

COMMUNITY PARTNERS LEVELS

Benefits	Platinum \$5,000	Gold \$3,000	Silver \$1,500	Bronze \$500
Partner Tables – display products and services beneficial to the community	2	1	1	1
Ad in Summit Booklet	Full Page	Half Page	Half Page	Quarter Page
Recognition honor – acknowledging your commitment to improving mental health in our community	Award	Award	Award	Certificate
Logo featured on marketing communication	All	Some	Some	Some
My Mental Health is my Business (MMHIMB) Swag	8-Item Bag	4-Item Bag	Souvenir	
Signed book by Dr. Sabrina Jackson	2	1		
Company Name and logo prominently displayed on MMHIMB website ALL year as platinum community champion	✓			

PAST COMMUNITY PARTNERS





MENTAL HEALTH AWARENESS SUMMIT 2025

The Restoration Village is honored to host My Mental Health is My Business: Mental Health Awareness Summit 2025! Together, we can help raise awareness and promote positive mental health practices within our community.



mmhimb2024@gmail.com



www.therestorationvillage.com



248-842-2310